

# Family Communication

April 10

## National Siblings Day

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Dear Eagles (Insert School Name or Mascot Here) Family,

Your family's health and happiness are important to us at \_\_\_\_\_ (insert school name here). So, we encourage you to celebrate National Siblings Day this Saturday, a day to honor our brothers and sisters! Sometimes our best friends, our worst enemies, our greatest competition, and our strongest encouragement, our siblings' relationships may be the longest lasting of our lifetimes.

So, for today \_\_ Vikings \_\_ (insert school name or mascot here) we encourage you to lay down your sibling rivalry and express gratitude for your brothers and sisters...just for one day!

So today, at \_\_\_\_\_ (insert name of school), Join us in expressing our gratitude! You and your children will have the opportunity to learn more \_\_\_\_\_ (insert text from checked boxes below).

- From our counselor, teacher, or nurse
- During a homeroom or advisory class activity
- At the information table in the library, lunchroom, or (other public area)
- In this week's health classes
- In the [www.KnowYourNeuro.org](http://www.KnowYourNeuro.org) website
- Other \_\_\_\_\_

Take advantage of National Siblings Day this weekend by celebrating with your family! Watch the videos and teach siblings how to have healthy communication with each other at [www.KnowYourNeuro.org](http://www.KnowYourNeuro.org).

For questions or more information, please contact me.

School Official's Signature and Contact Information