

# Illicit Drugs

## Activity Guide Grade 3-5



# Know Your Neuro

### Video Quiz!

- 1) What are illicit drugs? **Answer:** Illegal substance sold by drug dealers or the abuse of prescription medications.
- 2) Which of the following is *not* a way to measure the harm of a drug? **Answer:** D
- A. Withdrawal
  - B. Addiction
  - C. Intoxication
  - D. All of these are ways to measure the harm of a drug
- 3) Why is it important to learn about illicit drugs? **Answer:** B
- A. They are harmless
  - B. They are extremely addictive and hurt the brain
  - C. They are made by aliens
  - D. They have no effect on the brain
- 4) What is “denial” in terms of illicit drug use?
- Answer:** When someone refuses to believe that they have a problem. Users may blame others, deny their use causes harm, and/or reinterpret bad consequences as positive.

5) Match the words below with the definition.

**Answer:** A-b, B-c, C-d, D-a

- A. Steroids \_\_\_\_\_
  - B. Pain Medications \_\_\_\_\_
  - C. Inhalants \_\_\_\_\_
  - D. Cocaine \_\_\_\_\_
- a. A stimulant extracted from coca leaves mixed in a powder.
- b. Drug derived or synthesized from testosterone sometimes abused by athletes to increase muscle mass.
- c. Prescription drugs used to relieve pain commonly called opioids.
- d. Vapors or fumes produced from toxic substances found in many common household products.
- 6) Why do people try illicit drugs when they know how harmful they are?
- Answer:** They may mistakenly think everyone does them, want to fit in, escape their problems, relax, have fun, or are curious.
- 7) Why should people never take someone else’s prescription meds? **Answer:** Even though prescription medications are prescribed by doctors, they may not be safe for everyone and effect each person differently.

## Critical Thinking Section

### Create a Video

Ask small groups of students to choose an illicit drug or prescription medication then create a 3-minute educational video about the dangers of using or abusing the drug.

### Poster Project

Ask small groups of students to choose an illicit drug or prescription medication then create a poster with images and information about the short- and long-term effects of the drug.

### Refusal Skills Song

Ask small groups of students to create a skit or dance to the refusal skills song:

*Pass, no thanks, not now!  
I'm good!  
Makes your brain grow like it  
should!*

*Use your brakes, pick what to say.  
Then, train your brain  
To turn away!*

### Skills Challenge

**Scenario #1:** If an older person offers to give you their pain or ADD meds, what would you tell them?

**Scenario #2:** If you were at a sleepover and your friend’s older teenage brother or sister were using an illicit drug and pressured you to try them, what would you do?

**Scenario #3:** If you knew that a parent or loved one had a problem with illicit drugs, who would you go to for help?