

Family Communication



September (week before & after Labor Day)

Drive Sober or Get Pulled Over

Dear Eagle (Insert School Good morning Eagles (insert school name or mascot here)!

During the Labor Day holiday period, there is typically an increase in drunk-driving deaths — and that's why you'll likely see more law enforcement on the roads. Drive Sober or Get Pulled Over, which runs from August 16-September 4, aims to educate people about the dangers and consequences of driving drunk.

Here at _____(insert name of school), we value our students and their families' health. We empower you to teach your children how to be assertive, speak up and refuse to ride with someone who has been driving. When children begin driving, we encourage you to set firm limits about driving sober and protecting their brain from the harmful effects of alcohol.

You and your children will have the opportunity to learn more _____(insert text from checked boxes below).

- From our counselor, teacher, or nurse
- During a homeroom or advisory class activity
- At the information table in the library, lunchroom, or (other public area)
- In this week's health classes
- In the KnowYourNeuro.org website
- Other _____

Create a family code that includes a rule about not drinking alcohol until the legal age. No matter what happens in the world, your rules and values impact children in more powerful ways. So, set the rule early and use the KnowYourNeuro video about alcohol and driving under the influence to provide scientific justification for your code!

For questions or more information, please contact me.

School Official's Signature and Contact Information'