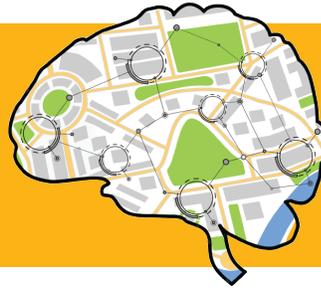


# Risky Behavior & The Brain

## Activity Guide Grade 3-5

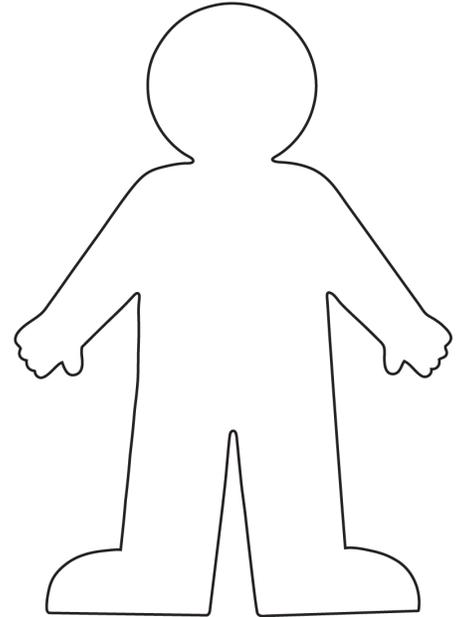


# Know Your Neuro

Draw images below on the board for a classroom activity or print the handout to give to students.

**Label or draw an arrow to:**

1. Where in my body do I feel curious?
2. Where in my body do I feel interested?
3. Where in my body do I feel afraid?
4. If my friends are doing a risky behavior, what do I feel? Where in my body do I feel it?
5. Where is my accelerator? What does it say or want me to do?
6. Where are my brakes? What do they say or want me to do?



**Draw a line to match each :**

.....  
.....  
**Limbic System**  
.....  
**Dopamine**  
.....  
**Brain's Rule**  
.....  
**Frontal Lobe**  
.....

.....  
.....  
**A chemical your brain makes.**  
.....  
**The Accelerator**  
.....  
**The Brakes**  
.....  
**Use It or Lose It**  
.....

**Create your own code or rules about staying away from risky behavior:**

**My Code**

I will stay away from \_\_\_\_\_ , \_\_\_\_\_ , and \_\_\_\_\_  
because I believe in \_\_\_\_\_