

Resistance to Peer Influence Scale



For each question, decide which sort of person you are most like — the one described on the right or the one described on the left. Then decide if that is 'sort of true' or 'really true' for you and mark that choice. For each line mark only ONE of the four choices.

A	B	Am I like this?	OR	Am I like this?	C	D	
Really True for Me	Sort of True for Me				Sort of True for Me	Really True for Me	
1	2	Some people go along with their friends just to keep their friends happy.	BUT	Other people refuse to go along with their friends want to do, even though they know it will make their friends unhappy.	3	4	
4	3	Some people think it's more important to be an individual than to fit in with the crowd.	BUT	Other people think it is more important to fit in with the crowd than to stand out as an individual.	2	1	
1	2	For some people, it's pretty easy for their friends to get them to change their mind.	BUT	For other people, it's pretty hard for their friends to get them to change their mind.	3	4	
1	2	Some people would do something that they knew was wrong just to stay on their friends' good side.	BUT	Other people would not do something they knew was wrong just to stay on their friends' good side.	3	4	
1	2	Some people hide their true opinion from their friends if they think their friends will make fun of them because of it.	BUT	Other people will say their true opinion in front of their friends, even if they know their friends will make fun of them because of it.	3	4	
4	3	Some people will not break the law just because their friends say that they would.	BUT	Other people would break the law if their friends said that they would break it.	2	1	
1	2	Some people change the way they act so much when they are with their friends that they wonder who they "really are".	BUT	Other people act the same way when they are alone as they do when they are with their friends.	3	4	
1	2	Some people take more risks when they are with their friends than they do when they are alone.	BUT	Other people act just as risky when they are alone as when they are with their friends.	3	4	
1	2	Some people say things they don't really believe because they think it will make their friends respect them more.	BUT	Other people would not say things they didn't really believe just to get their friends to respect them more.	3	4	
4	3	Some people think it's better to be an individual even if people will be angry at you for going against the crowd.	BUT	Other people think it's better to go along with the crowd than to make people angry at you.	2	1	
Total A	Total B	Sum the score you circled in that column. Then, sum the scores in each column (A-D) and divide by 10. Higher scores indicate greater resistance to peer influence.				Total C	Total D
		My Resistance to Peer Influence Score is _____					

Steinberg, L., & Monahan, K. C. (2007). Age differences in resistance to peer influence. *Developmental psychology*, 43(6), 1531–1543. <https://doi.org/10.1037/0012-1649.43.6.1531>