

Alcohol The Silent Majority



The truth is most underage youth experiment with alcohol by trying it one, maybe two or three times. Most do not go on to use it regularly. In fact, the majority of high school students choose not to engage in underage drinking regularly. Unfortunately, modern youth culture perpetuates many myths about alcohol and maintains the belief that getting smashed is a rite of passage. Sadly, the abstainers stay quiet even though they are in the majority, while the noisy minority of users boast about and glamorize drinking.

What would it take to create new norms? Can the silent majority find their voice and stand together to promote healthier coping, entertainment, and relaxation skills? What are positive youth rites of passage? How can youth correct the false belief that 'everyone does it'?

Percentage of Underage Drinkers by Level of Use

